










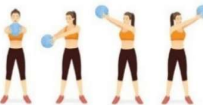






July Calendar 2026

UCPIE Zoom Activities

Contact UCPIE to sign up

All activities will be provided via Zoom, to get instructions on how to join, message me on our social media handles or contact me directly by Phone: (760) 321-8184 Ext 110 or E-mail: asp@ucpie.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Zumba with Instructor Chelita 4 PM - 5 PM	2  NO ZOOM	3  NO ZOOM	4 
5 	6 Ball Cardio with Mrs. Martha 4 PM - 5 PM	7 Arts & Crafts with Mrs. Martha 4 PM - 5 PM	8 Zumba with Instructor Chelita 4 PM - 5 PM	9  NO ZOOM	10 Sing Along with DJ Paul 4 PM - 5 PM	11 What was the most popular dance in 1776? Independence-dance.
12  Casually sipping on my liber-tea.	13 Game Night with Mrs. Martha 4 PM - 5 PM	14 Karaoke with Mrs. Martha 4 PM - 5 PM	15 Zumba with Instructor Chelita 4 PM - 5 PM	16  NO ZOOM	17 Dance Party with DJ Paul 4 PM - 5 PM	18 
19 	20 Ball Cardio with Mrs. Martha 4 PM - 5 PM	21 Arts & Crafts with Mrs. Martha 4 PM - 5 PM	22 Zumba with Instructor Chelita 4 PM - 5 PM	23  NO ZOOM	24 Sing Along with DJ Paul 4 PM - 5 PM	25 
26 GAME NIGHT	27 Game Night with Mrs. Martha 4 PM - 5 PM	28 Karaoke with Mrs. Martha 4 PM - 5 PM	29 Zumba with Instructor Chelita 4 PM - 5 PM	30  NO ZOOM	31 Dance Party with DJ Paul 4 PM - 5 PM	

ZOOM ETIQUETTE

1. When logging into session please use real name. For our instructor to better communicate
2. Please mute microphone and wait to be called on.
3. Do NOT send private chat messages.
3. Keep camera ON throughout session
4. Participate with the activities.
5. Stay focused and do not distract others
6. Let's remember to take turns and have fun.



Families, please share videos and pictures

Program Assistant

e-mail: asp@ucpie.org

Facebook

<https://www.facebook.com/ucpinlandempire/>

Instagram

<https://www.instagram.com/ucpie/>

Phone: (760) 321-8184 Ext 110

