## August Calendar 2023

**UCPIE Zoom Activities**

*All activities will be provided via Zoom, to get instructions on how to join, message me on our social media handles or contact me directly by Phone: (760) 321-8184 Ext 9 or E-mail: jannett@ucpie.org*

<table>
<thead>
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<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<th>Saturday</th>
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<tbody>
<tr>
<td>Adaptive Karate with Seinsei Tamara 4pm-5pm</td>
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<td>Adaptive Karate with Seinsei Tamara 4pm-5pm</td>
<td>Adaptive Yoga with Ms. Kim 4pm-5pm</td>
<td>Sing Along with DJ Paul 4pm-5pm</td>
<td>What do you call a potato with glasses? A spec-tator</td>
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<td>Adaptive Yoga with Ms. Kim 4pm-5pm</td>
<td>Sing Along with DJ Paul 4pm-5pm</td>
<td>What do ghosts like to eat in summer? I-Scream</td>
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<td>Adaptive Yoga with Ms. Kim 4pm-5pm</td>
<td>Dance Party with DJ Paul 4pm-5pm</td>
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ZOOM ETIQUETTE
1. When logging into session please use real name. For our instructor to better communicate
2. Please mute microphone and wait to be called on.
3. Do NOT send private chat messages.
3. Keep camera ON throughout session
4. Participate with the activities.
5. Stay focused and do not distract others
6. Let’s remember to take turns and have fun.

Families, please share videos and pictures
Jannett Reyes
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Facebook https://www.facebook.com/ucpinlandempire/
Instagram https://www.instagram.com/ucpie/
Phone: (760) 321-8184 Ext 9

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