








September Calendar 2022

UCPIE Zoom Activites

Contact Jannett Reyes to sign up!

*All activites will be provided via Zoom, to get instructions on how to join, message me on our social media handles or contact me directly by Phone: (760) 321-8184 Ext 9 or E-mail: jannett@ucpie.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Adaptive Karate with Seinsei Tamara 4pm-5pm	2 Sing-Along with DJ Paul 4pm-5pm	3 
4 	5 HAPPY LABOR DAY No Yoga Class Today	6 Adaptive CrossFit with Ms. Cheryl 4pm-5pm	7 Adaptive Karate with Seinsei Tamara 4pm-5pm	8 Adaptive Karate with Seinsei Tamara 4pm-5pm	9 Arts and Crafts with DJ Paul 4pm-5pm	10 
11 	12 Adaptive Yoga with Ms. Kim 4pm-5pm	13 Adaptive CrossFit with Ms. Cheryl 4pm-5pm	14 Adaptive Karate with Seinsei Tamara 4pm-5pm	15 Adaptive Karate with Seinsei Tamara 4pm-5pm	16 Movie Night with DJ Paul 4pm-5pm	17 <p style="text-align: center;">What is fast, loud and crunchy?</p> <p style="text-align: center;">A rocket chip.</p>
18 	19 Adaptive Yoga with Ms. Kim 4pm-5pm	20 Adaptive CrossFit with Ms. Cheryl 4pm-5pm	21 Adaptive Karate with Seinsei Tamara 4pm-5pm	22 Adaptive Karate with Seinsei Tamara 4pm-5pm	23 Dance Party with DJ Paul 4pm-5pm	24 <p style="text-align: center;">What kind of tree fits in your hand?</p> <p style="text-align: center;">A palm tree.</p>
25 	26 Adaptive Yoga with Ms. Kim 4pm-5pm	27 Adaptive CrossFit with Ms. Cheryl 4pm-5pm	28 Adaptive Karate with Seinsei Tamara 4pm-5pm	29 Adaptive Karate with Seinsei Tamara 4pm-5pm	30 Social Time Tell a Funny Joke to DJ Paul 4pm-5pm	