



July Calendar 2021

UCPIE Zoom Activities Contact: Ronica Reagins to sign up!

*all activities will be provided via Zoom, to get instructions on how to join message me on our social media handles or contact me directly by Phone: 951-588-3716 or E-mail: ronica@ucpie.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
From Miss Ronica The beautiful thing about learning is that no one can take it away from you -B.B. King				Adaptive Yoga w/ Ms. Kim 3pm-4pm	Social Time w/ DJ Paul 3pm-4pm	National Eat Your Beans Day
4	5	6	7	8	9	10
Happy Fourth of July 		Adaptive CrossFit w/ Ms. Cheryl 3pm-4pm	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive Yoga w/ Ms. Kim 3pm-4pm	Karaoke Party w/ DJ Paul 3pm-4pm	National Kitten Day
11	12	13	14	15	16	17
Motivational Quote A person who never made a mistake never tried anything new- Albert Einstein	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive CrossFit w/Ms. Cheryl 3pm-4pm	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive Yoga w/ Ms. Kim 3pm-4pm	Dance Party w/ DJ Paul 3pm-4pm	World Emoji Day
18	19	20	21	22	23	24
Motivational Quote The most effective way to do it is to do it- Amelia Earhart	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive CrossFit w/Ms. Cheryl 3pm-4pm	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive Yoga w/ Ms. Kim 3pm-4pm	National Lollipop Day Willy Wonka & the Chocolate Factory 3pm	National Amelia Earhart Day
25	26	27	28	29	30	31
Motivational Quote You haven't seen a tree until you've seen its shadow from the sky- Amelia Earhart	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive CrossFit w/Ms. Cheryl 3pm-4pm	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive Yoga w/ Ms. Kim 3pm-4pm	Art Lesson w/ DJ Paul & Ms. Ronica 3pm-4pm	National Avocado Day

July means summer vacation, swimming, hot summer days with cool summer nights, family barbeques and relaxation. This summer vacation look forward to an adventure by crossing a few things off of your ultimate bucket list, read a new book and find an enjoyable activity that brings you joy.

***FUN FACT:** July is dedicated to freedom, independence, and celebrations of country and culture.*

Here at UCPIE we will continue to be here, support and live life without limits.

-Miss. Ronica R.

Families, please share videos and pictures

Sandra Gramajo

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ZOOM ETIQUETTE

- 1. When logging into session please use real name. For our instructor to better communicate**
- 2. Please mute microphone and wait to be called on.**
- 3. Do NOT send private chat messages.**
- 4. Keep camera ON throughout session**
- 5. Participate with the activities.**
- 6. Stay focused and do not distract others**
- 7. Let's remember to take turns and have fun.**

