

May Calendar 2021

UCPIE Zoom Activities Contact: Ronica Reagins to sign up!

*all activities will be provided via Zoom, to get instructions on how to join message me on our social media handles or contact me directly by Phone: 951-588-3716 or E-mail: ronica@ucpie.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
From Miss Ronica: Everyday when you wake up remember that you can be the change you want to see. Happy May Leaders	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive CrossFit w/ Ms. Cheryl 3pm-4pm	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive Yoga w/ Ms. Kim 3pm-4pm	Dance Party w/ DJ Paul 3pm-4pm	
9	10	11	12	13	14	15
Motivational Quote “Act as if what you do makes a difference. It does.” -William James	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive CrossFit w/ Ms. Cheryl 3pm-4pm	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive Yoga w/ Ms. Kim 3pm-4pm	Sing Along w/ DJ Paul 3pm-4pm	
16	17	18	19	20	21	22
Motivational Quote “Believe you can and you’re halfway there.” -Theodore Roosevelt	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive CrossFit w/ Ms. Cheryl 3pm-4pm	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive Yoga w/ Ms. Kim 3pm-4pm	Dance Party w/ DJ Paul 3pm-4pm	
23	24	25	26	27	28	29
Motivational Quote “Nothing is impossible. The word itself says “I’m possible!”-Audrey Hepburn	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive CrossFit w/ Ms. Cheryl 3pm-4pm	Adaptive Karate w/ Sensei Tamara 3pm-4pm	Adaptive Yoga w/ Ms. Kim 3pm-4pm	Show & Tell w/ DJ Paul 3pm-4pm	
30	31					
Motivational Quote “Try to be a rainbow in someone else’s cloud.” -Maya Angelou	Memorial Day Closed					

The month of May we are acknowledging the brave men and women who have made the ultimate sacrifice. This month remember to those who courageously gave their lives.

Happy Memorial Day from our UCPIE family to yours!

Here at UCPIE we will continue to be here, support and live life without limits.

-Miss. Ronica R.

Families please share videos and pictures

Sandra Gramajo

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ZOOM ETIQUETTE

- 1. When logging into session please use real name. For our instructor to better communicate**
- 2. Please mute microphone and wait to be called on.**
- 3. Do NOT send private chat messages.**
- 4. Keep camera ON throughout session**
- 5. Participate with the activities.**
- 6. Stay focused and do not distract others**
- 7. Let's remember to take turns and have fun.**