## March Calendar 2021

**UCPIE Zoom Activities**  
Contact: Ronica Reagins to sign up!

*all activities will be provided via Zoom, to get instructions on how to join message me on our social media handles or contact me directly by Phone: 951-588-3716 or E-mail: ronica@ucpie.org*

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<tbody>
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| From Miss Ronica:  
March is Women’s History Month  
Celebrating women’s contributions to history. | Adaptive Karate w/ Sensei Tamara 3pm-4pm | Adaptive CrossFit w/Ms. Cheryl 3pm-4pm | Adaptive Karate w/ Sensei Tamara 3pm-4pm | Art Lesson w/ Ms. Kim 3pm-4pm | DJ Dance Party w/DJ Paul 4pm-5pm |          |
| 7      | 8      | 9       | 10        | 11       | 12     | 13       |
| Motivational Quote  
You can only become truly accomplished at something you love. | Adaptive Karate w/ Sensei Tamara 3pm-4pm | Adaptive CrossFit w/Ms. Cheryl 3pm-4pm | Adaptive Karate w/ Sensei Tamara 3pm-4pm | Adaptive Yoga w/ Ms. Kim 3pm-4pm | Women’s History Month Drive-Up Event 12pm-4pm | World Down Syndrome Day 9am-11am |
| 14     | 15     | 16      | 17        | 18       | 19     | 20       |
| Motivational Quote  
Have enough courage to trust love one more time and always one more time. | Adaptive Karate w/ Sensei Tamara 3pm-4pm | Adaptive CrossFit w/Ms. Cheryl 3pm-4pm | Adaptive Karate w/ Sensei Tamara 3pm-4pm | Adaptive Yoga w/ Ms. Kim 3pm-4pm |          |          |
| 21     | 22     | 23      | 24        | 25       | 26     | 27       |
| Motivational Quote  
You can’t use up creativity. The more you use, the more you have. | Adaptive Karate w/ Sensei Tamara 3pm-4pm | Adaptive CrossFit w/Ms. Cheryl 3pm-4pm | Adaptive Karate w/ Sensei Tamara 3pm-4pm | Adaptive Yoga w/ Ms. Kim 3pm-4pm | DJ Dance Party w/DJ Paul 4pm-5pm |          |
| 28     | 29     | 30      | 31        |          |        |          |
| Motivational Quote  
Success is liking yourself, liking what you do, and liking how you do it. | Adaptive Karate w/ Sensei Tamara 3pm-4pm | Adaptive CrossFit w/Ms. Cheryl 3pm-4pm | Adaptive Karate w/ Sensei Tamara 3pm-4pm |          |        |          |
We are celebrating Women’s History Month

Since 1995, presidents have issued a series of annual proclamations designating the month of March as “Women’s History Month.” These proclamations celebrate the contributions women have made to the United States and recognize the specific achievements women have made over the course of American History in a variety of fields.

Here at UCPIE we will continue to be here, support and live life without limits.

-Miss. Ronica R.

Families please share videos and pictures

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ZOOM ETIQUETTE

1. When logging into session please use real name. For our instructor to better communicate
2. Please mute microphone and wait to be called on.
3. Do NOT send private chat messages.
4. Keep camera ON throughout session
5. Participate with the activities.
6. Stay focused and do not distract others
7. Let’s remember to take turns and have fun.